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The Peninsula Foster Grandparent Program Newsletter

January 2016

A Word from the Director

Let me take this opportunity to wish everyone a Happy and prosperous 2016 and encourage you to set your sights on the programs core values Trust, Integrity, Relationship of: building, and Commitment. Equally, let us never settle for the Status Ouo! Old habits are the enemy of instinct. Although sometimes it is important to establish routines, habits, schedules and performance measures, it's just as important to know when to change them. Performance measure without ongoing assessment will lead to stagnation and individuals resting on their laurels. Most individuals. programs and companies rise to a challenge or fall to the familiar. For it is better to change and fail than to settle for the status quo. So break the mold! I am compelled to encourage challenges you to see as opportunities. How you think about your opportunities determines how you will act on them.

Happy New Year!

-Jason S. Samuels



January

M. Gray, J. Johnson, G. Odom, L. Eley, P. Whitsett, O. Brown, J. Reaves, S. Ransom

February

C. Byrd, E. Davis, L. Goode, C.Kelley, T. Oliver, A. Preyer, S. Pryor, J. Redden, S. Thomas, B. Byrd, A. Ward and J. Wright

March

C. Burton, B. Chester, M. Ellis, E. Holland, H., Mitchener, M. Redden, S. Reid, V. Stokes, N. Washington, Y. Cobb, B. Wardrick, M. Everson, Eva Dickens

Dates to Remember:

Upcoming In-Service and Meetings

February 19th In-service **Northampton Community Center**

> March 2nd PAA Forum **Ferguson Arts Center** Lunch Will Not Be Provided

CONGRATULATIONS!!!

To Ms. Gray who celebrated her 98th birthday earlier this month!

The 4-Hour Gift

Last May, as appreciation for service to the Foster Grandparent Program, each <u>active</u> volunteer was awarded 4-hours of personal leave time. The expiration date to use this award is quickly approaching. Please keep in mind that the time must be arranged with your site supervisor and used before 3/30/2016.

Things To Do ...



The 12th Annual MLK Day of Service

The City of Hampton's Foster Grandparent Program sponsored its 12th Annual MLK Day of Service at the YH Thomas Community Center in Hampton, VA. The event included the School Supply Replenishing and the Gift of Warmth drive in which hats and gloves were collected to benefit 200 economically-challenged children enrolled in Head Start Centers. Approximately 250 people attended the event, including FGP volunteers and elected officials from Hampton City Council; George Wallace...Mayor, Linda Curtis...Vice Mayor, Donnie Tuck, Chris Snead, Teresa Schmidt, former Delegate Dr. Mary Christian and Hampton City Schools Superintendent, Dr. Jeffery Smith. Community supporters included: Office of Human Affairs, YH Community Center, Old Northampton Community Organization, City of Hampton Neighborhood Office, JenCare Medical Center, Riverside PACE, Hampton TRIAD and Multi-Print.



The 12th Annual MLK Day of Service continued...



New Activities for the New Year!

Contact Your Local Center For Details...

Brittingham-Midtown Community Center

http://www.nnparks.com

Newport News, VA 757-591-4853

Denbigh-Lee Hall Senior Center

http://www.nnparks.com

Newport News, VA 757-886-7907

Doris Miller Community Center

http://www.nnparks.com

Newport News, VA 757-247-8622

Hampton Senior Center

http://www.hampton.gov/parks

Hampton, VA 757-727-1601

Hilton Senior Center

http://www.nnparks.com

Newport News, VA 757-247-2453

Historic Triangle Senior Center

http://www.theseniorcenter.org

5301 Longhill Rd., Williamsburg, VA 23188 757-259-4187

North Newport News Community Center

http://www.nnparks.com

Newport News, VA 757-591-4850

York Senior Center

http://www.yorkcounty.gov

5314 G.W. Mem. Hgwy., Yorktown, VA 23692 757-898-3807

Do you have questions about Community Services, Finances, Aging Well, Housing and/or Legal Topics?

In addition to your local services office, contact these organizations as well. They may be able to assist...

Colonial Heritage Community Foundation

http://www.chcfonline.org

Williamsburg, VA 757-753-3770

Provides caregiver support, training and educational programs.

Peninsula Agency on Aging

http://www.paainc.org

739 Thimble Shoals Blvd., Ste. 1006, Newport
News, VA 23606
757-873-0541

Peninsula Aging & Disability Resource Network

http://www.padrn.org

Williamsburg, VA 757-345-6277

Senior Advocate

http://www.senioradvocateonline.com

P.O. Box 1046, Williamsburg, VA 23187 757-897-3075

Senior Navigator

http://www.seniornavigator.org

7501 Boulders View Drive, Ste. 201, Richmond, VA 23225 804-525-7728

Register Today!!! Register Today!!! Register Today!!!

FGP's February and March's In-services

Friday, February 19, 2016 at Northampton Community Center

1435- A Todds Lane in Hampton From 9am-1pm Mandatory meeting...

Forum on Aging – Aging for the fun of it!

Wednesday, March 2, 2016 8 am – 12:15 pm Ferguson Arts Center in Newport News Mandatory meeting...Lunch will not be provided

> Call 727-1857 to register for both in-services. Limited Transportation available!

Peninsula Foster Grandparent Program 1320 LaSalle Avenue #136 Hampton, VA 23669